

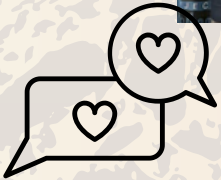


# PARENTING NETWORK, INC NEWSLETTER

Quarter 4 April 2026 to June 2026

We are proud to congratulate six couples who in June completed our 6-week Healthy Relationships course. Throughout the program, participants explored topics such as healthy communication, trust, conflict resolution, and mutual understanding to help strengthen their relationships. It was wonderful to see these couples begin the course, actively participate each week, and successfully complete the program together. To celebrate their dedication and accomplishments, we honored each couple with a special graduation ceremony and dinner. We are incredibly proud of their commitment to building healthier, stronger connections with one another.

These workshops are presented by Decinda Allen LMFT, whose knowledge and guidance have made a meaningful impact on the couples who participated. We are grateful for the opportunity to support families as they strengthen their relationships and create healthier connections for the future. We look forward to continuing to offer Healthy Relationships workshops and providing more couples with the tools and support they need to build lasting, healthy relationships.



Our Story





## Our Child Abuse Awareness Event

We hosted a Child Abuse Prevention event filled with fun, community support, and awareness. Children enjoyed a special visit from the Easter Bunny, danced to a DJ with exciting prizes, and got into the Easter spirit during our resource booths. Each booth handed out candy-filled Easter eggs, including some with golden tickets that offered the chance to win even bigger prizes.





# May 2026 Dinuba

Our staff decorated the office and set up a festive Christmas tree for Cinco de Mayo, bringing a fun twist to the season. As ornaments were hung and lights were switched on, everyone couldn't help but smile—especially when coworkers started sharing compliments about how cute and cheerful our office looked. The warm decorations turned the workspace into a welcoming, holiday-ready place that felt bright, lively, and full of team spirit.



## TLC

### Picnic at the Park

Our TLC group with teens met for a fun picnic in the park, bringing together great conversations, laughter, and community time. Everyone enjoyed sharing food, playing games, and taking a break from the usual routine while strengthening connections with one another. It was a wonderful opportunity to support and encourage our teens in a relaxed, positive environment.

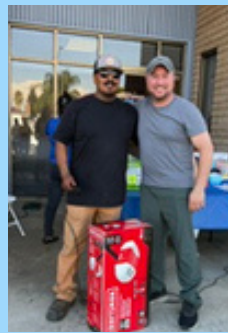




# June 2026 Dinuba

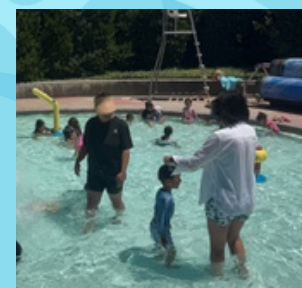
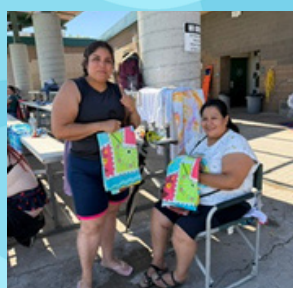
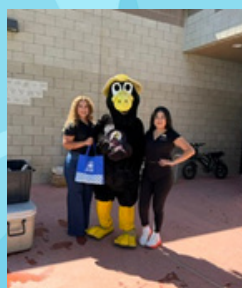
## Project Fatherhood Building Memories

Our Project Fatherhood Building Memories BBQ was a BIG success with over 20 families that attended. Families enjoyed BBQ hamburgers, music, and some did walk away with some raffle prizes. Father's and mother's have a way of turning everyday moments into a memory.



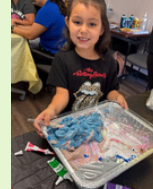
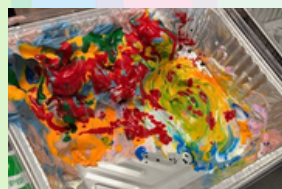
## POOL PARTY

Our Summer Nights Pool Party was a big hit. Over 150 adults and children enjoyed swimming, food, and lots of splashes. Children also had a visit from the Fiesta Insurance Mascot



## Special Needs Support Group

We focused on making sure families had both access to supportive opportunities and a welcoming space where everyone felt included. The children and parents also worked together to create sensory activities, encouraging creativity, comfort, and engagement for participants of all needs. Through this collaboration, we strengthened community connections and helped families enjoy meaningful, accessible experiences together.





# April – June 2026

## PLAY GROUP CONNECT (ages 0 – 5) – PORTERVILLE



### EGG HUNG - APRIL 2026

Thirty children and their families joined us for a fun-filled PLAY Group Connect Egg Hunt at Zalud Park, enjoying an exciting egg hunt, games, snacks, and opportunities to play and connect with one another.



### SELF-CARE - MAY 2026

Twelve children and their families joined us for a wonderful PLAY Group Connect focused on self-care, where parents explored ways to recharge while children enjoyed learning, play, and quality time together.



### KIDS SPLASH DAY - JUNE 2026



Summer  
Vibes

Twenty-two children and their families had a splashing good time at our PLAY Group Connect Splash Day, enjoying water games, snacks, laughter, and a fun-filled day of summer memories together!





# April – June 2026

The Kids Club TKC (ages 6 to 12) – PORTERVILLE

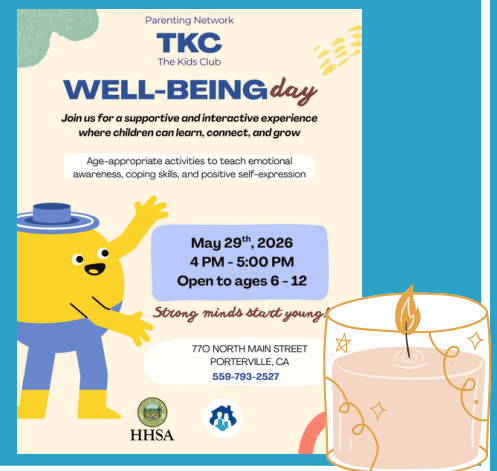
## EARTH DAY - APRIL 2026

7UPS celebrated Earth Day with four children participating in fun, hands-on activities while learning about caring for our planet. This marked the final 7UPS event before the program transitioned to The Kids Club (TKC). Unfortunately, no photos were available for this event.



## WELL-BEING DAY - MAY 2026

Nine children participated in TKC's Well-Being Day, learning about emotional wellness through fun activities. No photos were available for this event.



## SUMMER WATER DAY - JUNE 2026

10 kiddos had a splashing good time at our TKC Summer Water Day! Families enjoyed fun water activities, laughter, and making summer memories together.

ENDLESS

SUMMER

ADVENTURES



Hello Summer!





# April – June 2026

TLC (ages 13 to 18) – PORTERVILLE

## YOUR VOICE MATTERS - APRIL 2026

Fifteen teens attended TLC's "Your Voice Matters" presentation, where they learned about personal safety, healthy boundaries, and making informed decisions through an engaging discussion led by the Tulare County Human Trafficking Task Force. No photos were available for this event.



For Ages: 13-18

### Your Voice Matters

Awareness and Prevention

Presentation by Tulare County Human Trafficking Task Force  
Carlos A. Mendoza, MSW

This presentation raises awareness about personal safety, healthy boundaries, and respect, empowering teens to recognize risks, make informed decisions, and know where to seek support.

04/15/2026  
3:30-5:00 p.m.  
770 N Main St.  
Porterville, CA 93257



## MENTAL HEALTH AWARENESS WORKSHOP - MAY 2026

Twelve teens attended TLC's Mental Health Workshop, where they explored emotional wellness, mindfulness, and self-care in a supportive environment. No photos were available for this event.



Parenting Network  
Teen Life Choices

### TLC Mental Health Workshop

Talk, Heal, and Grow Together

Join us for a safe and supportive workshop focused on emotional health and self-care. Explore mindfulness and discover tools that help you feel balanced and connected.

**What to Expect:**

- Open Discussion on Mental Health
- Guided Mindfulness Practice

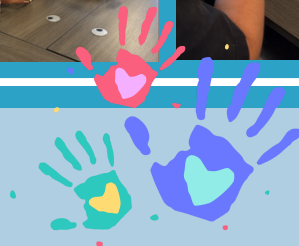
**May 20<sup>th</sup>, 2026**  
**3:30 - 5:00 PM**  
OPEN TO AGES 13 - 18

770 North Main Street  
Porterville, California  
559-795-2527



## VIBE ART - JUNE 2026

Three teens participated in TLC's VIBE ART event, expressing their creativity through fun, hands-on art activities in a welcoming and supportive environment. No photos were available for this event.





# April – June 2026

## Workshops & Events

April 22, 2026 – Zalud Park – 3:30pm–5:30pm – PORTERVILLE

# CALLING ALL SUPERHEROES!

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# CHILD ABUSE PREVENTION KICK-OFF EVENT

April 2026

Our Child Abuse Prevention event was a tremendous success, with a great turnout from families, community members, and local organizations. Community partners came together to show support, Firefighters, police officers, and representatives from several agencies participated in the event, helping raise awareness and provide valuable resources to the community. We are grateful for everyone who joined us in supporting this important cause and helping create a safer, stronger community for our children.



SAFE SPACE





# ANTI BULLYING

## APRIL

In April, our Anti Bullying group enjoyed a fun-filled Easter Egg Hunt at the park. We had games, a picnic, and plenty of excitement as the children ran around looking for colorful eggs. It was wonderful to see kids laughing and enjoying time together in a safe and welcoming environment. Events like these create lasting memories for these kiddos, and celebrate the joy of childhood.



## MAY

Our Kids Movie Night was a big hit! The children enjoyed a fun evening complete with all the movie favorites, popcorn, drinks, and candy. The movie kept everyone entertained, and it was wonderful to see the kids relaxing, laughing, and enjoying time with their friends. It was a great night filled with fun, snacks, and special memories.



CELEBRATE  
DIVERSITY

## JUNE

This month, our Anti-Bullying Group celebrated differences, kindness, and equality in honor of Juneteenth. Through age-appropriate discussions and activities, the children explored fairness, inclusion, and the importance of treating everyone with respect. It was wonderful to see them share their thoughts and embrace the message that everyone deserves to feel valued, accepted, and treated with kindness.





# TEEN Group

## April

In April our Teen Group was all about self-reflection. Each teen was asked to paint a plant or flower with roots that represented their parents and where they came from. The plant symbolized their goals, dreams and hopes or those they have already achieved.

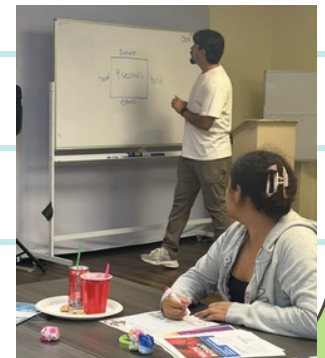


## May

FRIENDSHIP

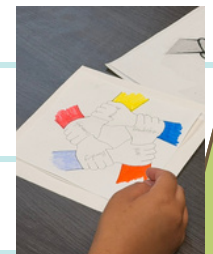
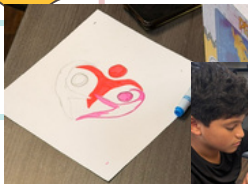
Dare To Dream

In May, our Teen group focused on a Mental Health Workshop where staff created a safe and welcoming space for teens to openly share their thoughts and feelings. We had some great conversations about stress and peer pressure, anxiety and emotions, social media and self-esteem, and healthy ways to cope with everyday challenges. We made sure to let them know their friends here at Parenting Network are always here when they need to talk about anything.



## June

Our June Teen Group focused on collaboration, creativity, and giving our teens a voice in shaping the future of the group. Together, we discussed what they would like to see in the coming year, shared ideas for future activities, and began creating a mission statement that truly reflects who they are and what the group stands for. They also brainstormed ideas for a unique group logo that represents our groups identity. We can't wait to reveal the final mission statement and logo at our next meeting. Stay tuned!







# SPECIAL NEEDS SUPPORT GROUP



## April

Our April, Special Needs Support Group was both informative and meaningful! Our focus was on IEPs and 504 plans, where we shared valuable information and provided helpful resources to support our families.

After our discussion, everyone had the chance to relax, connect, and build clay pots we provide with succulents to take home



## June

Our informative workshop focused on community resources and free summer activities for families and children in our community. With the kids out of school and warm weather we wanted help parents keep their kiddos busy this summer. We also prepared a sensory activity and helped parents put it together to provide them with ideas so that they may create their own sensory bins at home using some simple and cost efficient household items.





# Mother's Day Event

May 2026



Our Mother's Day Spa event was wonderful!! We were so excited to celebrate all of these amazing moms! It was a day about making them feel appreciated and loved with a delicious meal, beautiful flowers, and a little well-deserved pampering. Mothers do so much every single day, and we were honored to give them a special moment to relax, smile, and feel celebrated!



**FIRST5**  
TULARE COUNTY





June 2026

# Project Fatherhood's annual

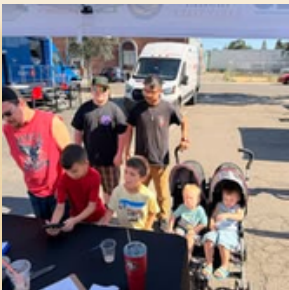


## Flapjacks with Fathers



On June 6th, our Project Fatherhood group proudly hosted their 6th Annual Flapjacks with Fathers Breakfast, a special event dedicated to honoring and celebrating fathers. We welcomed dads and their families to enjoy a delicious breakfast prepared by our Project Fatherhood and Parenting Network staff.

This event is always one of our favorites because it brings fathers and their children together to spend quality time, share a meal, and create lasting memories. We loved seeing the smiles and excitement as raffle prizes were awarded throughout the morning, making the day even more special for our guests. One of the best parts of the event was watching fathers connect with one another. Many of the friendships formed through our weekly meetings have continued to grow over the years, creating a strong and supportive community of dads. We hope to continue this





# April – June 2026

## Workshops & Events

# ROCKSTAR

Congratulations to our April–June Quarter Rockstars! This page recognizes employees who go above and beyond in serving our families and supporting our team.



Congratulations to Lasite Luke, our Rockstar Employee this quarter! Lasite is recognized for his outstanding dedication, positive attitude, and willingness to always support his team and the families we serve. Thank you for your hard work and commitment. We are proud to have you on our team!



Congratulations to Catherine Rainwater, our Visalia Rockstar this quarter! Caity is recognized for her professionalism, compassion, and dedication. She is a supportive team player who consistently provides excellent care to the families she serves. We appreciate her hard work and commitment to our team and community.



Congratulations to Lucia Diaz, our Dinuba Rockstar this quarter. Lucia consistently approaches her work with creativity, determination, and a deep sense of responsibility. Her actions reflect a level of commitment that exceeds expectations and make a lasting difference for both our clients and our organization.



# Upcoming Events

Save these Dates:

## Back to School Bash

August 4, 2026

Bello Vita

4211 W Goshen, Visalia

10am-1pm



## SPLASH OF THE SUMMER

JULY 17, 2026

597 N ALTA AVE, DINUBA 2-5 PM

## Back to School

July 31<sup>st</sup>, 2026 2-5 pm

Felix Delgado Park

520 Vassar Ave, Dinuba CA



## Summer Festival

July 17, 2026

Fallen Heroes Park

336 Chase Ave, Porterville, CA

3pm - 5pm



## Backpacks & Beyond

August 7, 2026

Zalud Park 700 N El Granito

St., Porterville, CA

9am - 11am







PARENTING  
NETWORK

*Helping Families Grow Stronger*



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**A LASTING IMPACT**

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**WEBSITE**

<https://parentingnetwork.org/>



Stronger Families.  
*Stronger Communities.*  
*Brighter Futures.*



Together, we build stronger families and communities.

*⇒* **THANK YOU** *⇒*  
*for being part of our mission!*



We appreciate your continued support and belief in the power of family.

*Thank You! ⇒*