



PARENTING NETWORK, INC NEWSLETTER

Quarter 1 January 2026 to March 2026



Ruby Award Dinner

We are honored to have been selected as a recipient of the Ruby Award from Soroptimist International of Visalia. This recognition reflects our organization's commitment to empowering women and girls and the meaningful impact of our collective efforts. We are grateful to serve our community and to be recognized alongside others who are dedicated to creating positive change. Thank you to Soroptimist for this honor and for their continued support of organizations working to uplift and inspire.



January 2026 - Dinuba

Mommy, Daddy & Me w/ Group Connect & TLC

For 2026 New Year our group created Vision boards as a colorful, visual way to clarify goals and inspiring actions by collecting images, words, and symbols that represent your dreams.

SELFCARE

I can
will

**NOTHING
IS
IMPOSSIBLE**

VISION BOARD



**DREAM
BIG**

SE7EN UPS

Our se7en ups group had a blast building a STEM tower out of toothpicks and marshmallows. Turning a simple challenge into a hands-on lesson in design and team work.



February 2026 - Dinuba



Mommy, Daddy & Me w/ Group Connect

We had 5 families show up to our Valentine's Day Dance and bracelet making activities. Our families enjoyed music, crafting, dancing and refreshments.



TLC

Teen Dating Violence Awareness Month

This abuse affects young people's mental and physical health, academic performance, and future relationships, but it is preventable: education about healthy boundaries, supportive adults, clear school policies, and accessible resources for victims can help teens recognize warning signs and get safe help.

SEVEN UPS

For Valentines Day we had a small group of children gather and talk about the true meaning of friendships. Children made friendship bracelets and also completed I can be a friend worksheet.

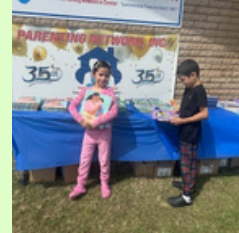


March 2026 - Dinuba



Book Fair

Our Book Fair brought together readers of all ages. The event fostered a warm community atmosphere. A perfect place to discover your next favorite read and connect with fellow book lovers



Mommy, Daddy, & Me w/ Group Connect

3 families joined us for our Lucky Day. Children along with parents talked about what luck means to them. They also enjoyed making baggies with Lucky Charms cereal to take home.



Case managers Elijah & Erika joined in on READING ACROSS AMERICA at the London Hodges Community Center.



SE7EN UPS



Our se7en ups group brought together children and parents. Together they learned how to plant flowers, measure soil, watering, pruning and stacking. They also learned how to organize by using a plant tracker to log in planting dates, water and feeding schedules.



Jan - March 2026

PLAY GROUP CONNECT (ages 0 - 5) - PORTERVILLE

Sensory Activity JAN 2026

Eleven kiddos and their families joined us for our PLAY Group Connect Winter Wonderland, enjoying a fun and engaging morning of sensory activities together.



Learning to Manage Child Tantrums FEB 2026

5 families joined our Learning to Manage Child Tantrums session and learned helpful strategies together.



READING FEST MAR 2026

We had 6 families join our Reading Fest, where the Porterville Library, First 5, our staff, and our Executive Director read to the kiddos and shared a fun time with stories together.



Jan - Mar 2026

Seven Ups (ages 7 to 11) - PORTERVILLE

HAPPY NEW YEAR! JAN 2026

Nine kiddos joined our Seven Ups New Year's Vision Board event, getting creative and setting positive goals for 2026 in a fun and uplifting space.



Valentine's Day FEB 2026

Nine kiddos joined our Seven Ups anti-bullying event, creating crafts while learning the importance of kindness, respect, and standing up for one another.



National Nutrition Month MAR 2026

Five kiddos joined our Seven Ups National Nutrition Month event, learning about healthy choices while exploring fun and nutritious foods together.



Jan – Mar 2025

TLC (ages 12 to 17) – PORTERVILLE

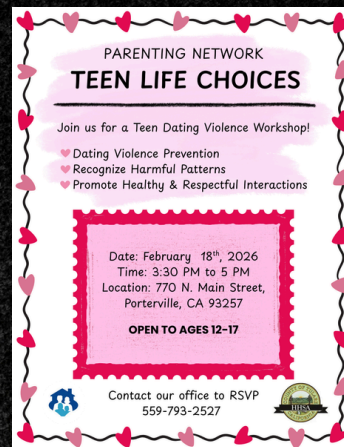
TLC New Year Event JAN 2026

We had a fun and engaging TLC New Year celebration where 8 youth came together to connect, celebrate, and create vision boards to kick off the year in a positive way.



Teen Dating Violence Workshop FEB 2026

We had a meaningful Teen Life Choices workshop where 8 youth came together to learn about healthy relationships, recognize harmful patterns, and build respect for themselves and others.



Healthy Eating MAR 2026

We had an engaging Teen Life Choices session where 16 youth came together to learn about healthy eating, explore new foods, and build positive nutrition habits.



UPCOMING EVENT - PORTERVILLE

April 22, 2026 - Zalud Park - 3:30pm-5:30pm - PORTERVILLE

CALLING ALL SUPERHEROES!



Thank you

EVENT SPONSOR

Anthem



Thank You

SILVER SPONSORS



Beneficial
State Bank



anti bullying group

January

We kicked off our 2026 Anti-Bullying activities by focusing on what matters most—our mental health. Our kids enjoyed a calming yoga and sound healing session, creating a peaceful space to relax, reflect, and recharge. With 32 kids in attendance, each child took a moment to share something kind about themselves and what they love most about who they are such a powerful reminder of self-worth and positivity.



A
CALM
MIND
brings happiness



TEEN GROUP

We were so excited to introduce the Red Sand Project to our teens. Each teen helped fill cracks in the sidewalk with red sand, symbolizing that no child should ever fall through the cracks of human trafficking. It was so great watching these teens learn and understand the importance of our message. These teens gather once a month, and our staff does an amazing job finding ways to connect with them.





Special Needs SUPPORT GROUP



Our Special Needs Support Group meets once a month and continues to be one of our most requested programs by parents and caregivers of loved ones with special needs. Each month, thoughtful planning goes into creating workshops, activities, and sharing information that truly benefits our families. Every gathering is designed with purpose, while also creating a welcoming space filled with fun activities, laughter, and meaningful connection.

These photos highlight just some of what we've enjoyed together from January through March. Beyond the activities, this group offers parents and caregivers a chance to relax, recharge, and take a short break from their day-to-day responsibilities. This is such an important program, and we are incredibly grateful for our dedicated and caring staff who make these wonderful monthly events possible.



VISION BOARDS

A vision board is a fun collage of your dreams, goals, and things that inspire you. It keeps you motivated and reminds you of what you're working toward every day.

JAN 2026



PATIENCE
with my
GROWTH

FEB 2026

THE INSIGHTS OF THE 5 LANGUAGES OF LOVE

Our special guest, Decinda Allen shared meaningful insights on:

- Words of Affirmation
- Acts of Service
- Physical Touch
- Quality Time
- Receiving Gifts



Small steps every day



EMPOWERING FAMILIES

MARCH 2026

In March we focused on empowering families with ideas from working from home or starting their own business and using social media as a tool for promotion.



YOU ARE CAPABLE



make it happen





READ ACROSS AMERICA

March 2026



Our March reading event was a wonderful success, filled with smiles as little ones enjoyed story time with our guest readers. Families gathered to share in the fun, with refreshments and popcorn. Every child went home with books to continue the joy of reading. Events like these highlight how important reading is for children, it helps build language skills, sparks imagination, strengthens focus, and lays the foundation for lifelong learning and confidence.



IMAGINATION



We are proud to highlight our amazing staff who go above and beyond through dedicated outreach work, always showing up for our community with heart and purpose. From dressing up in fun costumes, celebrating jersey days, and wearing colors in honor of important health awareness causes, to bringing energy and positivity into the office, our team knows how to make every moment meaningful. Their strong teamwork shines through as they come together to create engaging, impactful events, while also seeking donations to continue supporting our mission. Whether it's organizing giveaways or cheering on our youth as they head off to college, our staff is committed to making a difference and reminding our community that they are supported, encouraged, and never alone.



Upcoming Events

Save these Dates:

Mother's Day Spa Event

May 8, 2026

Visalia Parenting Network
330 N Johnson St, Visalia
4-6pm

Project Fatherhood

BUILDING MEMORIES

June 12th, 2026

597 N Alta Ave, Dinuba CA
4:00am - 6:00pm

Flapjacks & Fathers

June 13, 2026

Visalia Parenting Network
330 N. Johnson St, Visalia CA 93291
9am-11am

Calling All Superheroes 2026!

April 22, 2026

Zalud Park
700 N. El Granito St., Porterville, CA
3:30pm - 5:30pm

Loteria y nachos!

May 8, 2026

Parenting Network - Porterville
770 N. Main St., Porterville, CA
5pm - 7pm

